



NEBOSH National General Certificate

in Occupational Health and Safety



Introduction

The NEBOSH National General Certificate is the most widely held health and safety qualification of its kind in the UK. Many people take the NEBOSH National General Certificate as a first step in a career in health and safety. It provides a valuable overview and is a sound basis for further professional study.



Course Duration

SSG offer this course over 11 days as a hybrid training course, including the revision day and online open-book examination (OBE). This will involve a range of delivery methods including face-to-face training at our Plymouth training centre and virtual training via Zoom or an equivalent platform. For delegates who are unable to attend face-to-face sessions, virtual access to the classroom will be provided.

In addition to classroom-based study, delegates will be expected to undertake a minimum of 53 hours private study time.



Course Attendees

This course is suitable for managers, supervisors and staff from all types of organisations making day-to-day decisions at work who need a broad understanding of health and safety issues and to be able to manage risks effectively.

Professional membership

Holders of this qualification meet the academic requirements for technical membership (TechIOSH) of the Institute of Occupational Safety and Health (IOSH – www.iosh.co.uk) and associate membership (AIIRSM) of the International Institute of Risk and Safety Management (IIRSM – www.iirsm.org).



Course Programme

Unit NG1 – Management of Safety and Health

Assessed through an online open-book examination

- Why should we manage workplace health and safety?
- How health and safety management systems work and what they look like
- Managing risk – understanding people and processes
- Health and safety monitoring and measurement

Unit NG2 – Risk assessment

Practical project and assessment

- Physical and psychological health
- Musculoskeletal health
- Chemical and biological agents
- General workplace issues
- Work equipment
- Fire
- Electricity



Training Certification and Assessment

Delegates will be assessed through an online open-book examination set by the National Examination Board in Occupational Safety and Health (NEBOSH) and a practical risk assessment project.

Successful delegates will be awarded with the nationally recognised qualification.



Suggested Follow on and Complementary Courses

- NEBOSH Certificate in Fire Safety
- NEBOSH Health and Safety Management for Construction (UK)
- NEBOSH National Diploma for Occupational Health and Safety Management Professionals